

General instruction for the facilitation lessons for TTC

- In this section we present you the outline and instruction of the facilitation lessons. We offer you two kinds of facilitation lessons:
 1. The **Introduction in Facilitation (F1)**
 2. A general format for facilitation lessons that **practice lessons** from the WSWM curriculum (F2- for instance F5).
- Always start the TTC WSWM-program with **The Introduction in Facilitation (F1)**. This lesson offers an introduction to the principles of comprehensive sexuality education (CSE), The program the World Starts With Me, and the principles of facilitation.
- The **general practice format**, you can apply to practice *any number of WSWM lessons* that you have done in the last weeks. The facilitation lesson can be implemented in the program according to the needs of the students, the tutor and the time available in the time table of your TTC.
- The more facilitation lessons you add, the more practice your students have, and the better facilitators of comprehensive sexuality education they will become.
- You **always end** with **Lesson 10 for TTC: into the World**, which looks back at the lessons learned in facilitating, and applying them in your practice as a future facilitator of WSWM. The preparation of the exhibition (L11), and the exhibition itself (Exh) can also be focussed on being a WSWM facilitator.

Elements of facilitation in the TTC version of The World Starts With Me	
The Introduction in Facilitation (F1)	Introduction to facilitation and WSWM (existing F0 lesson)
Facilitation practice lessons (F2- F5)	Practicing lessons
Lesson 10- TTC	Into the world-TTC version = looking back on entire curriculum + looking forward to future
Lesson 12 Exhibition	Showing all you learned, also as a future facilitator
Facilitation homework	After each regular WSWM-lesson, students have to perform an extra homework assignment to reflect on the lesson from a facilitating perspective

We recommend the following structure:

Option A: thorough practice

- You start with the Facilitation Introduction Lesson (F1), and then implement 5 facilitations lessons (F2-F6) as facilitation practices.

F1	L1	F2	L2	L3	F3	L4	L5	F4	L6	L7	F5	L8	L9	F6	L10 _{TTC}	L11	Exh
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There are also other options:

Option B: medium practice

If you have less time available, you can also implement 4 extra facilitations lessons.

F1	L1	L2	L3	F2	L4	L5	F3	L6	L7	F4	L8	L9	F5	L10 _{TTC}	L11	Exh
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The minimum amount of facilitation lessons would be inserting 2 extra lessons, besides the Introduction in facilitation (F1).

F1	L1	L2	L3	L4	L5	F2	L6	L7	L8	L9	F3	L10 _{TTC}	L11	Exh
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Option C: introduction in comprehensive sexuality education (WSWM)

You can also choose to use this program to just have students have an introduction in the principles of comprehensive sexuality education (CSE). *Then your students won't practice in becoming facilitators of this program themselves!*

F1	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10 _{TTC}	L11	Exh
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When done reading, please advance to the first facilitation lesson (F1), and the format for the **Facilitation practice lessons (F2-F5)**, to read more.